

Peas

- [Italian Peas](#)

Italian Peas



Ingredients

- 2 tablespoons olive oil
- 1 onion, chopped
- 2 cloves garlic, minced
- 450 grams frozen green peas
- 1 tablespoon chicken stock

- salt and ground black pepper to taste

Method

1. Heat olive oil in a skillet over medium heat. Stir in onion; cook until softened, about 5 minutes. Stir in garlic and cook for 1 minute. Add frozen peas, and stir in stock. Season with salt and pepper. Cover, and cook until the peas are tender, about 5 minutes.

Notes

- <https://www.allrecipes.com/recipe/90209/italian-peas/>