

# Salads

- [Lemon-Dressed Spinach Salad](#)

# Lemon-Dressed Spinach Salad



## Ingredients

- 100gr baby leaf spinach

- 1 tbsp extra virgin olive oil
- 1/2 lemon, juice only
- Pinch of sea salt

## Method

1. Toss the spinach with oil, lemon juice and sea salt.
2. Set aside.

## Notes

- Optionally add chopped walnuts and Parmesan